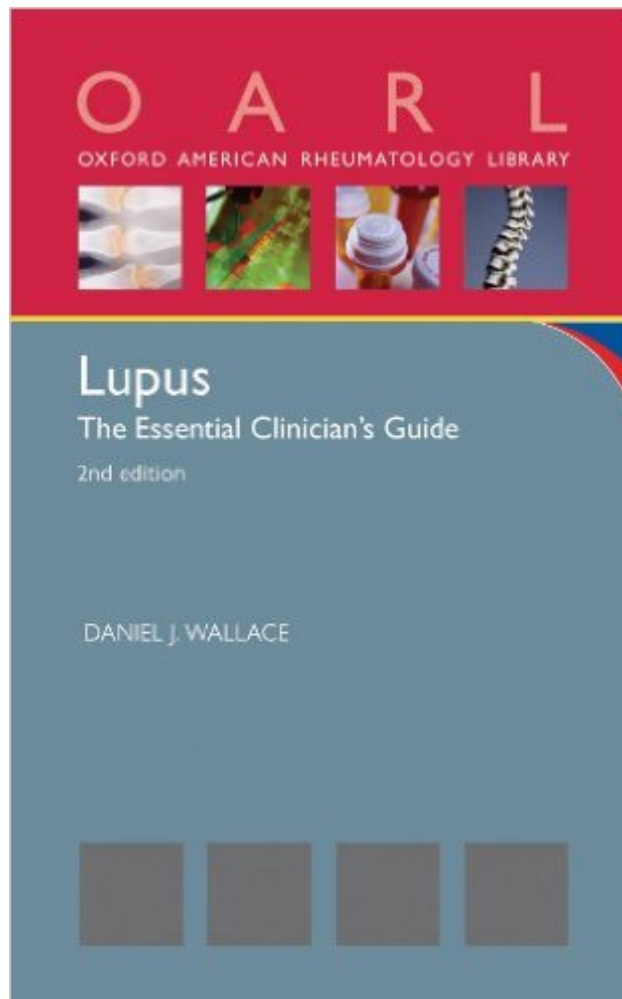


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# Lupus: The Essential Clinician's Guide (Oxford American Rheumatology Library)



## Synopsis

One million people in the United States suffer from systemic lupus erythematosus (SLE or lupus), a chronic autoimmune disease that is potentially debilitating and sometimes fatal as the immune system attacks the body's cells and tissue, resulting in inflammation and tissue damage. SLE can affect any part of the body, but most often damages the heart, joints, skin, lungs, blood vessels, liver, kidneys and nervous system. The course of the disease is unpredictable, with periods of illness alternating with remission. It can be treated symptomatically, mainly with corticosteroids and immunosuppressants, though there is currently no cure. The symptoms of lupus vary widely, come and go unpredictably, and often mimic or are mistaken for other illnesses. As a result, patients present with varied symptoms to different practitioners and diagnosis can be elusive, with patients sometimes suffering unexplained symptoms and untreated lupus for years. Hence, a practical guide to the diagnosis and treatment of lupus is a valuable resource to an array of clinicians and may help expedite earlier diagnosis and better patient care. Part of the Oxford American Rheumatology Library, this concise, authoritative pocketbook describes the pathophysiology of lupus, diagnostic strategies and tools, and current and emerging therapeutic options, focusing on direct clinical applications for busy healthcare professionals. With 20 new tables and the most up-to-date information on the diagnosis, treatment and management of the condition, this second edition fulfills a need for a concise, practical guide to Lupus for clinicians that distills the principal features of this complicated, often misunderstood disorder.

## Book Information

File Size: 4562 KB

Print Length: 128 pages

Publisher: Oxford University Press; 2 edition (January 8, 2014)

Publication Date: January 8, 2014

Sold by:Â Digital Services LLC

Language: English

ASIN: B00HWWPAZY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,410,848 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #62 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Lupus #209 in Kindle Store > Kindle eBooks > Medical eBooks > Internal Medicine > Rheumatology #450 in Kindle Store > Kindle eBooks > Medical eBooks > Specialties > Family & General Practice

## Customer Reviews

This is the perfect book for patients and relatives of those who have Lupus. The information given here is complete and well written. It is a part of the large Johns Hopkins series of what may be the finest books available for informing patients and their relatives concerning a wide variety of disorders. Mike Murray MD FACP

I am looking forward to receiving this book. I have been diagnosed with SLE since Jan of 1990. I have organ involvement, skin problems. I have been looking for something on this level. I am more into the pathology and how it affects the body. Not patient accounting of their disease. I am a professional registered nurse, practiced for 15yrs before Lupus and it affects put me on disability. The lack of understanding for what you are going thru by the medical profession is medical negligence. Just wanted to let you know my feelings. After I read the book, i will be back to right a review.

average text, very small font

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